

# Support

# Report

OWEN SOUND REGIONAL HOSPITAL FOUNDATION

## A Good Night's Sleep



*Pictured here is Marsha Devries RRT RPsGT holding a patient "head box" at the Owen Sound Regional Hospital.*

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With the help of our generous donors, Owen Sound Regional Hospital purchased a brand new diagnostic sleep system.

A sleep study or polysomnogram (PSG) is an overnight exam that electronically transmits and records specific physical activities while a patient sleeps.

Electrodes are placed on the patient's face, scalp, chest and limbs. These electrodes and sensors are connected to a head box. When the patient goes to bed, the head box is connected to a computer at their bedside which digitally records

continuous information, such as brain activity, heart rate, heart rhythm and breathing patterns. While the patient sleeps, an EEG monitors the stages and depth of sleep to identify any disruptions in sleep patterns. A sleep study will also measure things such as eye movements, oxygen levels in the blood, snoring, and body movements.

All of the information the study records becomes valuable data that a qualified sleep specialist analyzes to diagnose a sleep disorder.

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# Updates To Our Donor Recognition “Walls.”

We are proud to recognize and celebrate individuals, estates, businesses, organizations and groups who have made an investment in local health care through donations to the OSRHF. We have made the careful decision to update our donor

recognition “walls.”

Owen Sound Regional Hospital Foundation recognizes donors in our hospital lobby and the hallway beside pre-surgical registration. The Wall of Remembrance pays tribute to the memory of a loved one and all

names will appear on the new wall.

The new recognition system will be installed November 2019.

Should you wish to have the plaque of your loved one please come by the Foundation Office.

## Thank You

As an Executive Assistant, my role requires me to be flexible and complete a wide variety of tasks autonomously – some of which are done on a regular recurring basis, such as payroll entry. I have been a timekeeper for about 13 years and was always interested in learning

more about this discipline. The Payroll Compliance Legislation course that I recently completed provided me with detailed information about the Canada Pension Plan, Employment Insurance and Standards, Worker’s Compensation and the Income Tax

Act. My knowledge was tested during an hour long examination. Being a recipient of funding from the Five Foundation’s Staff Education Fund, supported by the kindness of community donors, provided me with an opportunity to gain a deeper understanding of the work that I do here at the Owen Sound Regional Hospital. The PCL course is the first in a series of online sessions needed to acquire Payroll Compliance Practitioner certification. I’m looking forward to the successful completion of my studies to further assist the forward momentum and development of my role here at the Owen Sound Regional Hospital.



*Sarah Cunningham, Executive Assistant is grateful to receive support in her professional development.*

Sincerely,  
Sarah Cunningham  
Executive Assistant  
to the President & CEO of GBHS

### Support Report – Electronic Copies Delivered Right to your Inbox

To receive our Support Reports by email, Spring, Summer and Fall, please visit [oshfoundation.ca](http://oshfoundation.ca) and click Electronic Newsletter Sign Up. By signing up for the electronic mailings, you will be helping our Foundation provide more funding to the hospital while cutting down on the use of paper products. Paper copies will still be provided to those who wish to receive them. We appreciate your consideration and look forward to touching base with you soon.

### We are making the move to electronic receipting.

To keep your donations working hard for the Owen Sound Regional Hospital, we hope that you will consider receiving email receipts. For every stamp we save, the hospital will benefit.

Please contact us today with your email address. Call the office or send Shelby an email [sgrahlman@gbhs.on.ca](mailto:sgrahlman@gbhs.on.ca) to let her know you’re ready to make the switch.



# Meet Mabel, Our Automated Medication Packager

Mabel is a high speed medication packager. The PACMED system is a gravity-fed unit dose pill dispensing and packaging system. Mabel contains 500 individual canisters for medications which sit on their own specified base within Mabel. Each of these medication canisters are embedded with a smart computer chip so they are matched up with the correct base and calibrated to only accept a specific drug.

This type of technology ensures absolute accuracy when refilling the canisters. The PACMED system also has barcode scanning and a second verification built in when refilling the canister.

The Pharmacy Technician assigned to Mabel creates batch fills (unit dose items required by Owen Sound Regional Hospital and our satellite hospital pharmacies across GBHS) and runs those through Mabel. This allows our Pharmacy staff to stock all

of our GBHS Pharmacy Departments as well as all of our Automated Dispensing Cabinets at other GBHS hospital sites. There are 22 automated dispensing cabinets across the corporation, all thanks to donors.

Prior to purchasing Mabel, Pharmacy Technicians had to stand at a table top packaging machine and push each pill into a slot for packaging. Unit dose packaging is a method of single day dose delivery in barcoded, non-reusable containers. Patients get the exact dose they need. Now, Pharmacy Technicians can simply create a batch fill of all items requiring packaging, hit the fill button and walk away. This has freed up



*Pharmacy Technician preparing unit doses with the Automated Medication Packer.*

valuable Technician time to do other tasks, as well as allowing us to become unit dose in all areas.

On average, Mabel packages about 89,000 Unit Dose packages each month.

This is just a quick description of what Mabel is capable of and probably doesn't do her justice – we do love her!

## Jessie Calder's Legacy of Better Care

In 1997, Jessie Calder donated \$50,000 to establish one of the first endowment funds at the Owen Sound Regional Hospital Foundation when the Caring for Tomorrow Endowment Fund was created.

A very modest person, Jessie's endowment fund was to remain anonymous until her death. She passed away in 2014.

Her estate plans were innovative - a trust fund, set up to care for nephews and nieces ended with her passing and the Foundation received a generous gift from the remaining capital. Through her Will, she helped care for another relative with special needs and recently, the

Foundation received its final share from Jessie's Estate.

With the contributions made in



*Jessie Calder's legacy continues through the purchase of new equipment.*

her life time and from her Estate, the Jessie Calder Endowment has become the largest named fund at the Foundation, with more than \$1.4 million permanently invested! Since its first payment to the hospital in 1999, her fund has provided more than \$107,000 in income for new medical equipment.

"This is an exceptional legacy for the hospital," said Foundation Chair, Cheri Knott. "Jessie's fund has already helped purchase new medical equipment for the hospital. We can only dream about the impact her gift will continue to have on patient care."

## Zimmer Biomet Suction



*Pictured here is a Zimmer Biomet suction, received in early spring. This machine collects and contains fluid from surgeries, thereby decreasing the potential risk of infection to staff and physicians. It holds 34 L of fluid and it keeps the suction rate constant, while in use.*

## Colonoscope



*Pictured here is a colonoscope which surgeons use to examine the entire large colon. This procedure looks for any issues within the large colon and allows polyps to be removed.*

## Grateful for Care

Nick Lovell, age 30, experienced a cardiac incident just days before he was scheduled to volunteer at the 2018 Owen Sound Subaru Bayshore Race. His blood pressure had soared to 230/180 resulting in a medical crisis. The severity of his condition caused him to become admitted to the very hospital that he had planned to help raise funds for.



*Nick Lovell works toward a healthier lifestyle.*

As a result of the care Nick received at the Owen Sound Regional Hospital, he has made a full recovery. Recently, Nick joined a gym and began his journey to a healthier lifestyle. He participated in the 5 km race event at the 2019 Owen Sound Subaru Bayshore Race; the very event his health condition forced him to miss in 2018.

“It was a wonderful sense of accomplishment to cross the finish line. I managed to run the entire 5km and set a personal best by several minutes. I can’t wait to do it again next year and beat my time.”

Owen Sound Regional Hospital Foundation is grateful for the many years Nick and his family have volunteered at the Owen Sound Subaru Bayshore Race. We are delighted to continue cheering for Nick, and all of our supporters, at the finish line.

## Playing their “A” Game

Each July the Meaford Ladies Golf Group enjoy a day of golf while raising funds for breast cancer programs and equipment at GBHS. Since 2013, the dedicated group has donated over \$22,000 in support of medical equipment which benefits women across our region. Monies raised at the 2019 event are directed to the breast coil for the new MRI system.

A heartfelt thanks goes to the organizers, volunteers, community sponsors, and golfers for their “drive” to support the OSRHF.



*Organizers Marg Tirpkoff and Donna Akinson.*



## How to contact us

**Support Report** is a newsletter of the Owen Sound Regional Hospital Foundation. The Foundation raises funds to support the Owen Sound Regional Hospital. We welcome your comments and suggestions.

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